

# TEENDRIVINGPLAN

## Goal Guide



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Check when a goal is achieved. It will take several drives to reach a goal. Only check a goal off if it is consistently performed without errors and without verbal instruction or support.

### THE BASICS

Activity	Goal
Adjust the Seat Belts	<input type="checkbox"/> Wearing properly adjusted seat belts becomes a habit.
Adjust the Steering Wheel	<input type="checkbox"/> Driver checks the feel of the wheel each time when getting into the driver's seat.
Adjust the Seat	<input type="checkbox"/> Driver can easily adjust the seat each time.
Understanding the Car	<input type="checkbox"/> Driver can easily tell you where the controls are and what they do.
Adjust the Mirrors	<input type="checkbox"/> Driver adjusts mirrors as a habit before each drive.

### DRIVING ENVIRONMENTS: Parking Lots

Activity	Goal
Backing Up	<input type="checkbox"/> Driver backs up slowly and with control, knowing what's around at all times.
Stopping and Starting	<input type="checkbox"/> Driver operates the car smoothly with control.
Introduction to Scanning	<input type="checkbox"/> Driver develops a scanning routine and uses it consistently.
Introduction to Lane Positioning	<input type="checkbox"/> Driver can easily follow a line and keep the car steady.

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### DRIVING ENVIRONMENTS: Residential Roads

Activity	Goal
Speed Management	<input type="checkbox"/> Driver maintains an appropriate and steady speed.
Uncontrolled Intersections	<input type="checkbox"/> Driver shows a solid understanding of right-of-way procedures and turns into the appropriate legal lane.
Turning	<input type="checkbox"/> Driver controls vehicle while turning and observes right-of-way procedures.
Controlled Intersections	<input type="checkbox"/> Driver can safely manage intersections and identify potential hazards.
Driving Straight	<input type="checkbox"/> Driver maintains position in the lane.
Hazard Detection	<input type="checkbox"/> Driver recognizes and anticipates hazards well in advance and uses caution around them.
Right-of-Way	<input type="checkbox"/> Driver is able to identify the right-of-way rules that govern each intersection prior to arrival.
Scanning and Hazard Detection	<input type="checkbox"/> Driver looks in the direction the car is going and watches for potential hazards.

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### DRIVING ENVIRONMENTS: Intermediate Roads

Activity	Goal
Lane Changing	<input type="checkbox"/> Driver is comfortable checking mirrors and blind spots and returning focus back to the road. <input type="checkbox"/> Driver recognizes danger when looking in mirrors and blind spots. <input type="checkbox"/> Driver recognizes the speed of other cars. <input type="checkbox"/> Driver follows the steps correctly for safely changing lanes without needing any reminders.
Road Sharing	<input type="checkbox"/> Driver always checks blind spots. <input type="checkbox"/> Driver is always aware of other road users.
Space Cushion	<input type="checkbox"/> Driver leaves space in front according to the rule of 1 second of space for every 10 mph. <input type="checkbox"/> Driver maintains adequate space on all 4 sides of the vehicle.
Distance Estimation	<input type="checkbox"/> Driver leaves enough space in front of the car when stopped. <input type="checkbox"/> Driver can judge how long it will take to slow down and stop.
Anticipating Others' Behavior	<input type="checkbox"/> Driver takes extra precautions when risky drivers are on the road. <input type="checkbox"/> Driver avoids confrontation by staying calm and driving courteously.
Higher Speed Management & Preparedness	<input type="checkbox"/> Driver does not exceed the posted speed limit. <input type="checkbox"/> Driver judges situations and traffic appropriately and makes the correct speed adjustments. <input type="checkbox"/> Driver leaves the appropriate cushion of space around his or her car. <input type="checkbox"/> Driver looks well ahead and is prepared to make the next speed adjustment.
Communicating with Others	<input type="checkbox"/> Driver understands ways to communicate his or her intentions and uses them on a timely basis. <input type="checkbox"/> Driver looks for a "2nd signal" that confirms the intention of the other car like slowing down or starting to turn.
Managing Intersections	<input type="checkbox"/> Driver slows down well in advance of red lights and stop signs. <input type="checkbox"/> Driver understands the distance it takes to stop for an intersection and leaves an appropriate distance when stopping.
Right-of-Way Controlled Intersection	<input type="checkbox"/> Driver knows who has the right-of-way. <input type="checkbox"/> Driver identifies the point of no return. <input type="checkbox"/> Driver understands stale versus fresh green lights. <input type="checkbox"/> Driver stops prior to turning right on red. <input type="checkbox"/> Driver starts slowing down prior to the intersection.

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### DRIVING ENVIRONMENTS: Commercial Roads

Activity	Goal
Speed Management	<input type="checkbox"/> Driver looks far ahead for clues to determine need to adjust speed and react appropriately. <input type="checkbox"/> Driver slows down by releasing the gas pedal and covering the brake. <input type="checkbox"/> Driver resumes speed by moving foot to depress the gas pedal when appropriate.
Entering and Exiting Parking Lots	<input type="checkbox"/> Driver does not cause surrounding traffic to slow down or swerve. <input type="checkbox"/> Driver can judge the gap between oncoming traffic and exits the parking lot when appropriate.
Space Cushion on Four Sides	<input type="checkbox"/> Driver responds to unexpected behaviors on the road safely and cautiously. <input type="checkbox"/> Driver keeps as much space as possible on all four sides of vehicle. <input type="checkbox"/> Driver adjusts the space cushion according to surrounding conditions.
Parking in a Lot	<input type="checkbox"/> Driver smoothly maneuvers in and out of parking spots. <input type="checkbox"/> Driver understands the potential hazards in a parking lot and takes all necessary precautions. <input type="checkbox"/> Driver checks for hazards before and during the maneuver and reacts appropriately to them.
Reacting to Other Drivers	<input type="checkbox"/> Driver scans a wider range in a commercial area and accurately predicts other road users' behavior. <input type="checkbox"/> Driver covers the brake when potential hazards are present.
Intersections with Crosswalks	<input type="checkbox"/> Driver understands who has the right-of-way at every type of intersection. <input type="checkbox"/> Driver makes left turns safely. <input type="checkbox"/> Driver understands the gap necessary to enter traffic.
Increasing Awareness of Risks	<input type="checkbox"/> Driver identifies and reacts appropriately to direct risks and indirect risks. <input type="checkbox"/> Driver looks for critical information and reacts accordingly.

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### DRIVING ENVIRONMENTS: Highways

Activity	Goal
Entering and Exiting	<input type="checkbox"/> Driver consistently checks traffic to evaluate whether the gap is sufficient and his or her speed has matched the traffic. <input type="checkbox"/> Driver yields right-of-way to through traffic. <input type="checkbox"/> Driver plans ahead for the exit. <input type="checkbox"/> Driver is comfortable waiting for the next exit if missed opportunity.
Navigating Using Signs	<input type="checkbox"/> Driver understands what signs mean. <input type="checkbox"/> Driver reacts appropriately to highway signs. <input type="checkbox"/> Driver does not divert attention from traffic while reading signs at high speeds.
Monitoring Blind Spots	<input type="checkbox"/> Driver checks mirrors every 20 to 30 seconds, or more if the highway is crowded. <input type="checkbox"/> Driver does head checks for blind spots. <input type="checkbox"/> Driver leaves extra space in front when following a truck.
Six Second Rule – Space Cushion	<input type="checkbox"/> Driver uses the six second rule to maintain space cushion. <input type="checkbox"/> Driver adjusts speed according to traffic density. <input type="checkbox"/> Driver does not tailgate.
Disruptions in Highway Traffic	<input type="checkbox"/> Driver identifies changes in traffic and adjusts accordingly. <input type="checkbox"/> Driver is aware of how other drivers react to traffic disruptions.
Anticipating Others' Behavior on Highways	<input type="checkbox"/> Driver assumes the worst of other drivers; other drivers can act unexpectedly. <input type="checkbox"/> Driver is aware of aggressive drivers well in advance and increases space cushion.
Lane Changing on Highways	<input type="checkbox"/> Driver correctly judges distance necessary to pass. <input type="checkbox"/> Driver changes lanes and passes other vehicles appropriately. <input type="checkbox"/> Driver allows other vehicles to pass or change lanes safely by adjusting the space cushion.
Speed Management	<input type="checkbox"/> Driver maintains or adjusts speed as needed. <input type="checkbox"/> Driver is not intimidated by tailgaters to speed. <input type="checkbox"/> Driver makes the necessary speed adjustments needed to accommodate varying road conditions.
Staying Out of Blind Spots	<input type="checkbox"/> Driver identifies other vehicles' blind spots and avoids driving in them. <input type="checkbox"/> Driver knows trucks and buses have larger blind spots and leaves extra space. <input type="checkbox"/> Driver repositions the car when traveling in someone's blind spot.

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### DRIVING ENVIRONMENTS: Country Roads

Activity	Goal
Passing or Yielding to Other Vehicles	<input type="checkbox"/> Driver pulls over early to allow safe passing. <input type="checkbox"/> Driver is not afraid to stop to allow other vehicles to go by. <input type="checkbox"/> Driver is courteous. <input type="checkbox"/> Driver communicates with other drivers. <input type="checkbox"/> Driver is aware of other vehicles behind his or her vehicle.
Speed Management	<input type="checkbox"/> Driver never exceeds the posted speed limits. <input type="checkbox"/> Driver adjusts speed to the road conditions. <input type="checkbox"/> Driver looks out for animals and other obstructions. <input type="checkbox"/> Driver manages speed effectively. <input type="checkbox"/> Driver employs caution when road conditions are poor.

### ADDITIONAL CHALLENGES

Activity	Goal
Driving at Night	<input type="checkbox"/> Driver drives at the appropriate speed for the road conditions. <input type="checkbox"/> Driver uses high beams appropriately. <input type="checkbox"/> Driver drives with correct lane placement at night.
Planning Routes & Following Directions	<input type="checkbox"/> Driver prepares in advance and develops an easy to follow route. <input type="checkbox"/> Driver keeps attention on driving and the road while navigating the route. <input type="checkbox"/> Driver handles unexpected changes well.
Driving in Inclement Weather	<input type="checkbox"/> Driver prepares the car before driving according to the conditions.
Potential Hazards in Each Environment	<input type="checkbox"/> Driver identifies and looks for all the typical risks in every environment and keeps eye out for others.
Managing Distractions	<input type="checkbox"/> Driver identifies distractions and actively minimizes them while driving.
What to Do in Emergencies	<input type="checkbox"/> Driver knows how to deal with the most typical emergencies: flat tire, car failure, accident, or getting lost. <input type="checkbox"/> Driver keeps calm under pressure.