

KNOW THE MANY WAYS KIDS GET CONCUSSIONS

Among more than 1,500 youth ages 0-17 years and diagnosed with concussion at Children's Hospital of Philadelphia, a broad range of activities were determined to be the mechanisms of injury.* The proportion of concussions from sports and recreation was higher among older children.

ACTIVITY TYPES **

Non-Sports & Recreation

30%



FALLS



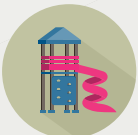
MOTOR
VEHICLE
CRASHES



ASSAULT

Recreation & Non-Contact Sports

13%



RECESS



PLAYING
OUTSIDE



GYM
CLASS



SWIMMING



& MORE

Limited Contact Sports & Recreation

17%



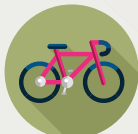
CHEERLEADING



BASEBALL
& SOFTBALL



VOLLEYBALL



BIKE RIDING



& MORE

Contact/Collision Sports & Recreation

40%



FOOTBALL



SOCCER



BASKETBALL

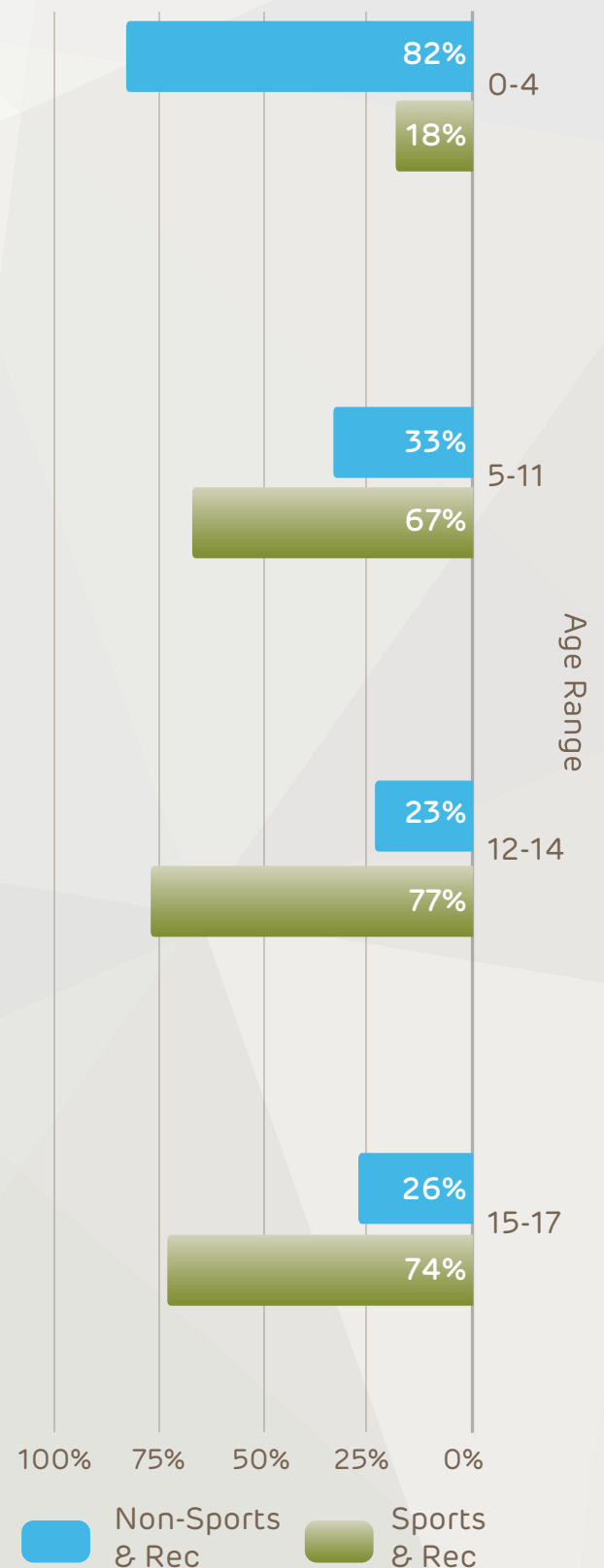


HOCKEY



& MORE

NON-SPORTS & REC-RELATED VS. SPORTS & REC-RELATED CONCUSSIONS



* Haarbauer-Krupa J, Arbogast KB, Metzger KB, Greenspan A, Kessler RS, Curry AE, Bell JM, DePadilla L, Pfeiffer MR, Zonfrillo MR, Master CL. Variations in Mechanisms of Injury for Children with Concussion. *Journal of Pediatrics*. April 2018.
** % of total sample