

# CHILD RESTRAINT BASICS

All children younger than 13 years should ride in the back seat.



## REAR FACING

- Until the highest weight and height limit allowed by manufacturer, usually age 2 or more.



## FORWARD FACING

- To upper height and weight limits of car seat, approximately 4 years or older.
- The top tether should be used.



## BOOSTER

- After harness height and weight limits are reached, use a booster seat with lap/shoulder belt.
- A booster should be used until child is 4'9" usually between 8 and 12 years of age.



## ADULT SEAT BELT

- Age 8 – 12 years old and 4'9" in height.
- Lap belt lays across upper thighs and across chest; knees bend at seat edge.

## FOUR KEY CHILD SAFETY STEPS

1. Restrain children on every trip, every time.
2. Keep children in the back seat until age 13.
3. Use the correct safety seat for child's size.
4. Use child safety seats and seat belts correctly.

*Use this space for your state's CPS laws, and other local information.*

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For installation videos and tips: [chop.edu/carseat](http://chop.edu/carseat)

 **Children's Hospital  
of Philadelphia**  
Center for Injury Research & Prevention